

Re Do

There are times in my Christian life where I felt lost. The closer I got with the Holy Spirit, the more I became needy and self conscious. When I didn't get an answer or the attention that I wanted, I would think I did something wrong like the story of Daniel and the delayed angel. When I wake up in the morning there is a praise song in my head. When I mess up, I wake up with a non Christian song in my head. That's my first clue that I did something wrong. I have my prayer time from 4 to 5 and I sometimes have to use that time to try to figure out why things went wrong and repair it. This trial and error learning can be confusing and sometimes misleading. Learning God's way is a process. A lot of my sinful nature is gone because the sin wasn't worth the time it took to repair my relationship.

Prayer time needs to be consistent. God knows that I will be on my couch from 4am to 5am everyday, even on holidays and vacations. I also try to incorporate God time into my drive to and from work and on my lunch break. It is tough! A relationship with the Holy Spirit changes prayer from a lot of talking to a lot of listening. Even when I am talking, I am listening. The problem is when you are listening with eyes closed, it is easy to fall asleep which happen two or three times a week.

Sometimes I can't hear, don't feel, can't discern. Nothing is going right and I just feel lost and frustrated. I found this prayer in the back of John Eldridges Wild at Heart book. I didn't care for the book but the prayer is solid gold. You guessed it! It's in the "Library"! I uploaded my copy and it looks like crap! It has been copied so much over the years that it looks ghetto! Luckily, I found it on the wildatheart.org website! This prayer helps me center myself. God will never leave you or forsake you, but I can easily forsake myself! I am my worst enemy! Anxiety and the desire to control things can turn the Christian life upside down!

Using the Freedom Prayer is drawing a line in the sand and recommitting to give everything to God! It's a ReDo! Wash off the mistakes and refocus.

With the Jewish people, God set it up special holidays and appointed times where you are suppose to refocus and clean out some baggage while praying and fasting. It is vital to keep your fire burning in our spiritual lives where we live between needy and clingy!

