

# Forging your authority

After you give your life, belongings, spouse, work, sexuality, family, finances, resentments, hopes and dreams to Jesus, where do you go?

I imagined standing in imaginary box 2' X 2' X 6'5". Inside this box is who Jesus created me to be. I need to protect bad things from coming into the box and to verbally define and defend who I am.

To protect the box I stopped watching violent movies, stopped listening to my music which was punk. I started to read more. I started to listen to praise music. Coming from a aggressive type of music to praise and worship was terrible. I always described things I hated as itchy sweaters and the things I like is silk pajamas. Any first time activity can feel like an itchy sweater. Bull headed I only listened to praise and worship except when I was in my wife's car. As I predicted, the itchy sweater turned into silk pajamas.

I started to verbally define myself by speaking out loud who I am to God. In the book *The Seven Spirits of Yahweh* (also in the library) on page 20 is a list of "I am" statements. Read these over and over until it feels like silk pajamas. It will put your body in turmoil for a short time but stick with it cause it is worth it.

To defend who I now am. Any thoughts that were angry, perverted or just mean I would say out loud "I rebuke that thought!". This is the verbal equivalent to "Say it to the hand". You are stating that you are opposed to the thought. If you stick with it, the dirty thoughts get less and less. At this point start paying attention to who is speaking in your head. Do all the voices sound alike? Start paying attention to nuances in the voices.

You can do this. Let's go! 1234! 1234!